

Recent studies show that more and more people start doing extreme sports. I found information about why people in Scotland are doing this. As part of the project, after analyzing the data, I came across interesting conclusions.

According to the data in the table, young people have a wide range of opinions about extreme sports. The majority of respondents like getting some adrenalin (48.1%) whereas exploring the limits is the least popular reason (9.1%). Increasing self-confidence is also a quite popular reason as well as fighting fears and stress, making up 13.1% and 12.1% of the respondents respectively.

There is a difference between a popular and unpopular answer. Getting some adrenalin is almost 4 times more popular than exploring the limits. The difference between the percentage of people who do extreme sports for the same of following modern trends and increasing self-confidence is also considerable. It is less than 5.1% and is not popular in 5 let trends.

Extreme sports are popular now, but they can lead to some problems. Various types of this sport are dangerous and can lead to injury. The best solution is to find a place which can provide insurance and the real safety for fans of extreme to prevent accidents.

In conclusion, I firmly believe that despite some problems associated with extreme sports, it obviously plays a big role in youngsters' lives because it helps to reduce negative emotions and then feel much better.

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