

# Why Young people in Zetland Engage in Extreme sports?

Baturina  
Eugenya  
Form 11

In Zetland, a vibrant suburb of Sydney, young people are increasingly drawn to extreme sports, and several factors contribute to this phenomenon.

Firstly, the thrill-seeking nature of youth plays a significant role. Young individuals are often eager to push their boundaries and step outside their comfort zones. Extreme sports provide an exhilarating way to experience adrenaline, with activities like skateboarding, rock climbing, and BMX riding offering a perfect outlet for this desire.

Secondly, the sense of community surrounding extreme sports in Zetland enhances their appeal. Many young people bond with friends while engaging in these activities, fostering a sense of belonging. Local parks and skate spots become social hubs where they can meet like-minded individuals, share tips, and support each other in their pursuits.

Moreover, the influence of social media cannot be overlooked. Platforms like Instagram and TikTok showcase the excitement of extreme sports, inspiring young people to document their adventures and connect with a broader community. The visibility their interest but also encourages them to participate actively.

Last but not least, extreme sports offer an opportunity for personal growth. They challenge participants to develop skills, overcome fears, and build resilience. Whether it's mastering a new trick or conquering a high wall, the sense of experiences can significantly boost self-esteem.

In conclusion, the combination of thrill-seeking, community support, social media influence, and personal development drives young people in Zetland to embrace extreme sports enthusiastically. Through these activities, they not only find joy and excitement, ~~they not only find~~ but also create lasting memories and friendships.

I did an analysis and was able to find the percentages:  
to get some adrenaline - 44%, to follow modern trends - 15%,  
to increase self-confidence - 14%, to fight fears and stress - 13%,  
to explore one's limits - 11%.

280 words.